

# Heaven Is Not the Last Stop

*A Vision for Personal Transformation, Spiritual Unity, and Cultural Progress*

By Sheila Keene-Lund

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**Major new work provides sweeping introduction and amplification of a little-known epochal revelatory text**

The challenge for every new generation is to further the progress of human civilization while conserving the worthwhile values of the past. “But in our generation,” says Sheila Keene-Lund, author of *Heaven Is Not the Last Stop* (Document It! Publishing, June 21, 2010), “an unprecedented cultural and spiritual stagnation stands in the way of progress.” And because humanity’s evolution is stalled, we may “greatly delay or even miss taking our next evolutionary step: discovering the reality of our cosmic citizenship in a friendly and intelligently managed universe.”

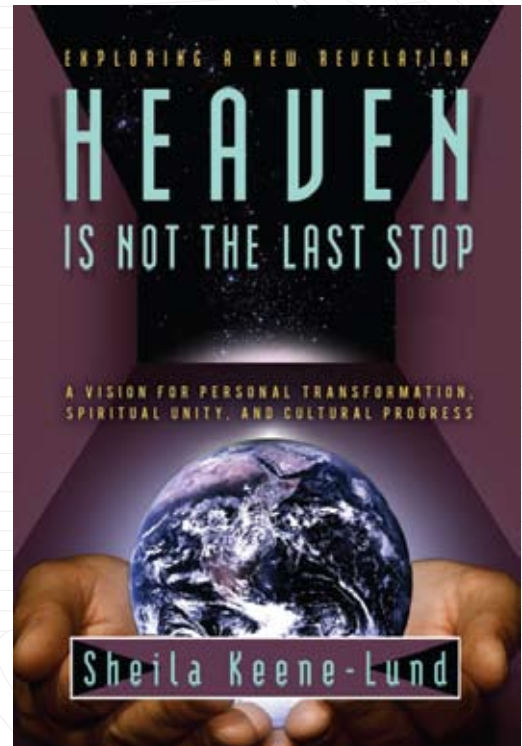
Keene-Lund’s solution to our evolutionary deadlock demands our best ideas and ideals: We must begin, she says, by liberating ourselves from our intellectual and spiritual comfort zones. Further, we must seek an expanded framework that:

- Transcends yet includes the best of other worldviews
- Offers a wider vision of humanity’s origin, history, and individual and collective destiny
- Provides a cosmic philosophy that embraces current science and progressive religion
- Broadens our understanding of Jesus and the concept of the “kingdom of heaven”

The ambitious mission of *Heaven Is Not the Last Stop* is to present the key elements of a revolutionary cosmic worldview, thereby igniting the passion of individuals to transform both themselves and human civilization—starting now, in our current day and age.

## A Compelling Invitation To Cosmic Citizenship

*Heaven Is Not the Last Stop* is remarkable in that it assembles its cosmic reality frame not only from traditional sources, but also from the author’s advanced study of a purported revelation known as *The Urantia Book*—a mysterious 2,000-page text claiming superhuman authorship that was first published in 1955. One of Keene-Lund’s primary aims was to offer an in-depth, critical investigation of this text—and to also provide the first compelling reconciliation of the Urantia revelation with ancient and contemporary knowledge and wisdom. The result of her 12 years of research is a demanding yet persuasive narrative woven



from insights in philosophy, history, culture, science, and religion, which goes far beyond traditional models of heaven and hell, even transcending cutting-edge principles of today's metaphysics, theology, and cosmology.

But if we truly are cosmic citizens, and if "heaven" is not our last stop, then what is? In her quest to answer this question and discover where we have fallen short in our understanding of spiritual evolution and social progress, Keene-Lund inquires into such questions as:

- What is the Divine Plan for the universe—its purpose, structure, and organization?
- What happened in humanity's prehistory? What facts underlie the creation myths?
- What is "heaven?" What is its relationship to the material universe?
- Who was Jesus? How did he live, and what were his original teachings?
- What are the keys to spiritual living? How do we achieve God-consciousness?

*Heaven Is Not the Last Stop* is presented in four well-researched sections, with 33 charts and illustrations, hundreds of references to the Urantia text, and a myriad of scholarly sources. The first three sections bring generally accepted knowledge of humanity's origin, history and destiny into alignment or comparison with the Urantia text's perspective. Section IV then lays out the author's unique approach to spiritual development, presenting a framework for transformation that is infused both by revealed principles and by three decades of the author's own spiritual experimentation that includes meditation, prayer, yoga, service, study, retreats, seminars, and celebration; all linked by a unity of purpose.

The ultimate aim of *Heaven Is Not the Last Stop* is to dispel confusion and fuel the spiritual power of transformation. "The advanced concepts detailed and reconciled in *Heaven Is Not the Last Stop*," says the author, "have the potential to shift our consciousness and arouse the passion for God that is needed if we are to truly commit to improving ourselves and our world for the sake of this, and all future generations.

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### About the Author

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**B**orn in Spain to an English father and a Puerto Rican mother, Sheila Keene-Lund has been an avid spiritual seeker since her teens, serving as a Transcendental Meditation teacher, a deaconess in the Liberal Catholic Church, and as a hospice worker who developed workshops on spiritually caring for the living and dying. She is currently education committee chair of Urantia Association International and vice president of the Urantia Association of Florida. Sheila Keene-Lund offers presentations and workshops, nationally and internationally, on the concepts and practical application of the principles discovered in her research and described in *Heaven Is Not the Last Stop*.

*Heaven Is Not the Last Stop is a must-have reference. If you're looking for a book that focuses on the most important and most helpful concepts in The Urantia Book—you have found it. Sheila's book also reconciles these new concepts with existing religious beliefs in a meaningful and practical way.*

—Dr. B. Dale Sams, D. Min., McCormick Theological Seminary

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